

October 30, 2020

RE: COVID-19 NOTIFICATION

Dear Parent,

The intent of this letter is to provide early notification of an individual confirmed to have COVID-19 at your child's school and to advise you on next steps being taken by public health. Public health is following up on this exposure according to school-based guidelines similar to those in other workplaces and community settings.

Receiving this letter does not mean you have been exposed to COVID-19. Case(s) have been isolated, and there is no direct exposure risk at this time.

An individual with COVID-19 was at your child's school **Burnaby Central Secondary**, (6011 Deer Lake Parkway, Burnaby, BC) on:

October 19,20,21 and 22, 2020

As a result, Public Health:

- has initiated contact tracing to rapidly identify any staff and students that need to self-isolate or self-monitor for symptoms.
- will continue to investigate the exposure at the school
- will only phone staff and students that public health has identified as needing to **self-isolate** for 14 days from when they were exposed.
- may send letters to staff and students who will be asked to **self-monitor** for symptoms. These staff/students may continue to attend school while monitoring for symptoms.

It is important to note that receipt of this letter does not mean you will be contacted by public health. You will not be contacted by public health unless you were directly exposed to COVID-19.

Please have your child continue to attend school and monitor for symptoms compatible to COVID-19 as per your school policies.

For privacy reasons, we cannot give out any specific details on the COVID-19 exposure other than the information provided above.

Please continue to attend school.

HOW IS COVID-19 SPREAD?

This virus is spread between people by droplets. This means you need to be close enough to be exposed to saliva or mucus from the mouth, nose or throat of the infected person.

WHAT IF YOU OR YOUR CHILD HAVE SYMPTOMS OF COVID-19?

- Isolate yourself and/or your child from others.
- Get assessed for COVID-19 as soon as possible.
- Contact 8-1-1 or your doctor to find out if you should be tested for COVID-19.

How to self-isolate

Scan this QR code or visit the BC Centre for Disease Control website:



bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf

Where to get tested

To find the nearest testing locations scan this QR code or visit our website:



▪ fraserhealth.ca/health-topics-a-to-z/coronavirus/testing

WHERE CAN YOU LEARN MORE?

- To speak with someone in your language call HealthLinkBC at 8-1-1 with any questions or concerns.
- For more information about COVID-19, go to the BC Centre for Disease Control website at bccdc.ca and select 'COVID-19 for the public' or you can scan this QR code:
- Additional resources and answers to frequently asked questions are available at: fraserhealth.ca/coronavirus, bccdc.ca or you can scan this QR code:



Note: A "QR code" (short for 'Quick Response' code) is a type of barcode you can scan with your smart device's camera. Once scanned, it takes you to that web page.

Sincerely,

Fraser Health
Population and Public Health
COVID-19 Call Centre
604-918-7532